

Activities and ideas to do with your Children's House/Kindergartener

Activities	Materials/Descriptions	Area of Development
Music/Dance, Movement	<ul style="list-style-type: none"> • Playing instruments • Make an instrument using items around the house • Listen to music, focus on the music and don't have it just in the background • Dancing/large body movement • Singing 	<ul style="list-style-type: none"> • Music and movement, gross motor skills, language development, involvement
Books	<ul style="list-style-type: none"> • Collections of books at your students level or higher • Reading Logs • If your student cannot read, then read to them • After reading a book, ask questions. Be sure at least some questions are open-ended with- 	<ul style="list-style-type: none"> • Language development • Showing a child how to treat books • comprehension
Rhythmic Language	<ul style="list-style-type: none"> • Poetry and songs with finger and body movements that go along with them. You can find them online if you don't know any. Example: 5 little monkeys 	<ul style="list-style-type: none"> • Language development
Self-Expression	<ul style="list-style-type: none"> • Moments when children can share something with adults • Get down to the child's eye level when verbally communicating with them • Restating/repeating what the child said to reassure them that you hear them. 	<ul style="list-style-type: none"> • Language development
Art, painting, chalk, coloring, clay/playdough, gluing, cutting	<ul style="list-style-type: none"> • Table or easel, paper, art supplies, smock/apron, clay/playdough (you can make at home if you don't have any), brush • Try painting with flowers, fork, sponge whatever you can find 	<ul style="list-style-type: none"> • Art/self-expression • Fine motor skills

Care of Self

Activities	Materials/Descriptions	Area of Development
Dressing/undressing Folding and Storing clothes	<ul style="list-style-type: none"> Practice getting dressed, folding clothes/towels, sorting, hanging 	<ul style="list-style-type: none"> Care of Self
Handwashing	<ul style="list-style-type: none"> Bar of soap or liquid soap, a towel. Practice singing/humming a song that lasts for 20 seconds while washing. (abc song, or the birthday song are some examples) 	<ul style="list-style-type: none"> Care of Self
Wiping Nose	<ul style="list-style-type: none"> Tissues, mirror. Show them how to properly wipe their nose and discard the tissue in the trash after each use. Wash hands afterwards. 	<ul style="list-style-type: none"> Care of Self
Brushing Hair	<ul style="list-style-type: none"> Mirror, brush 	<ul style="list-style-type: none"> Care of Self
Wash boots	<ul style="list-style-type: none"> Basin, jug of water, brush and towel 	<ul style="list-style-type: none"> Care of Self
Practice Velcro, Buttons, Snaps, Zippers, Buckles, Tying	<ul style="list-style-type: none"> Clothes from the closet 	<ul style="list-style-type: none"> Care of Self

Care of Environment

Wiping/Washing table	<ul style="list-style-type: none"> Sponge or cloth Tray with soap, brush, sponge, towel 	<ul style="list-style-type: none"> Care of Environment
Dusting	<ul style="list-style-type: none"> Duster or cloth 	<ul style="list-style-type: none"> Care of Environment
Sweeping/ Mopping	<ul style="list-style-type: none"> Child-size broom, dustpan, small hand broom (Be okay about making a small mess and having the child sweep it up. Dry cereal is a good option for sweeping) Mop 	<ul style="list-style-type: none"> Care of Environment
Cleaning glass (mirror/window)	<ul style="list-style-type: none"> Spray bottle (water), towel, squeegee 	<ul style="list-style-type: none"> Care of Environment

<i>Activities</i>	<i>Materials/Descriptions</i>	<i>Area of Development</i>
<i>Polishing wood</i>	<ul style="list-style-type: none"> • <i>Non-toxic polish like beeswax, cloth for polishing</i> 	<ul style="list-style-type: none"> • <i>Care of Environment</i>
<i>Watering plants</i>	<ul style="list-style-type: none"> • <i>Watering can, plants inside or out</i> 	<ul style="list-style-type: none"> • <i>Care of Environment</i>

Food Preparation

<i>Banana Slicing</i>	<ul style="list-style-type: none"> • <i>Banana, cut a small slit in the top of the banana so child can easily peel the banana, cutting board, butter knife, plate for sliced pieces, fork</i> 	<ul style="list-style-type: none"> • <i>Food Preparation</i> • <i>Fine motor skills</i>
<i>Orange Peeling</i> <i>Egg Peeling</i>	<ul style="list-style-type: none"> • <i>Orange, plate, cutting board, fork</i> • <i>Hardboiled egg, small bowl for peels and plate for eggs, egg slicer, cutting board, fork, show the child how to crack an egg and peel</i> 	<ul style="list-style-type: none"> • <i>Food preparation</i> • <i>Fine motor skills</i>
<i>Spreading cracker/bread</i>	<ul style="list-style-type: none"> • <i>Cracker or bread, butter knife, plate, spread of choice</i> 	<ul style="list-style-type: none"> • <i>Food preparation</i>
<i>Food preparation for meals or snack</i>	<ul style="list-style-type: none"> • <i>Meal plan, involving your child with meal prep for the family</i> 	<ul style="list-style-type: none"> • <i>Food preparation</i>
<i>Setting table</i>	<ul style="list-style-type: none"> • <i>Placemats, napkins, forks, spoon, glass, etc.</i> 	<ul style="list-style-type: none"> • <i>Setting table for self and family</i>