

# CMS Monthly News

# February 2025



Happy February to all! Love is certainly in the air this month and we are excited to show our friends and families how much we care about them. Please use the information in this newsletter to help your family stay informed of school activities and also to find ways to participate as a family in some of our upcoming events. Please don't hesitate to check with the school office if you have any questions.

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## February Birthdays

Hudson	10
Josiah	12
Jessica	25



## 100th Day of School Paper Bag Challenge



This 100 items paper bag challenge is an exciting way for your whole family to get into the spirit of the day.

Full instructions and materials will be prepared for each student and sent home to enjoy.

Find 100 things that will fit into the bag and send it to school on Friday, February 21st for sharing. All items will be returned.

This is your challenge, should you choose to accept it!

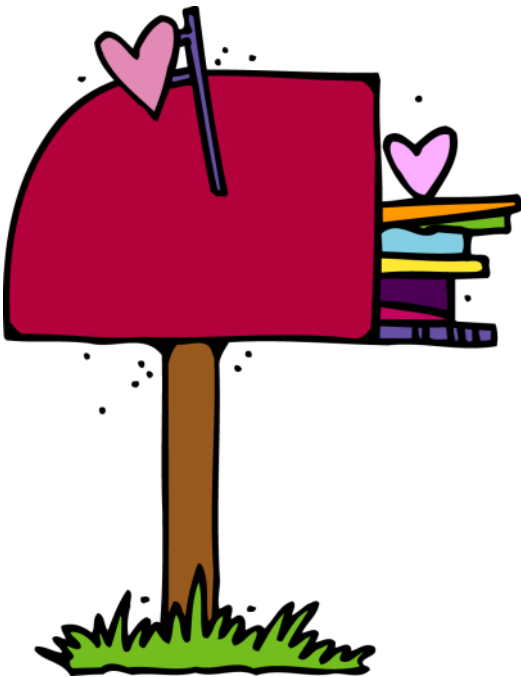
## All School

### I See Purple Day

Wednesday, February 5th

Everyone wear your favorite purple clothing...

Photos will be taken...



## All School Valentine's Exchange

Friday, February 14th

Students will make a Valentine holder as a classroom art project. On the morning of the 14<sup>th</sup>, all containers will be located in the individual classrooms.

Teachers will assist the students as they bring their valentines and pass them out together in the appropriate containers between 7:00 and 9:00 am.

Included in this packet is a name list for each of the classes. It is strongly recommended that students who cannot read bring their Valentines signed, but not addressed to specific students. This allows students to pass out their Valentines unassisted.

HAPPY  
VALENTINE  
WISHES TO YOU!

Students may give cards to their classmates and teachers only, or give to those in other classes as well. Containers will be sent home at the end of the day.

## Please Help

As spring cleaning approaches, if you have any puzzles or toys that your family may not need, please consider donating them to our classrooms.

Thanks!



## CMS Open House

Tuesday, February 18, 2025  
6:00 pm - 7:00 pm

Each year we offer an open house for prospective parents to tour the school in preparation for upcoming summer or fall enrollment. If you know of anyone who is interested in future enrollment, please feel free to invite them to our open house.

They can also contact the school office or view the school website  
For more information.

Thank you for  
supporting our  
school!



*"The child's development follows a path of successive stages of independence, and our knowledge of this must guide us in the behavior towards him."*

- Dr. Maria Montessori

## President's Day

Monday,  
February 17th

**School Closed**

## A Special Thanks!

...To Mrs. Ehlers who is our "Wonderful, Welcoming Face" each day.

... To all those who have given the wonderful books, puzzles, and other items for our classrooms.

... To Mr. Noble for taking Children's House to and from all of their fun-filled bus trips and around the field for tractor trailer rides.

...To all of the teachers who spend their days creating fun things for the children to do.

Thank You, Thank You,  
Thank You!!!

## CMS 2025 Summer Term

Summer is just around the corner and this year's CMS Summer Term program is expected to fill quickly.

Please turn in your enrollment packet as soon as possible so your student will not miss out on all of the special activities that have been planned.

During this Summer Term we will be focusing on all aspects around us. The summer fun will also include Summer Games, Science, Music, Art, and Water Play.

Our annual Art Walk is a must see for everyone!

Please check with the office if you have any questions or concerns.

# 100 Ideas for Showing Kindness

1. Hold the door open for someone
2. Return a shopping cart to its place
3. Thank the local fire/police department
4. Surprise someone with flowers
5. Say "I'm sorry"
6. Host a canned food drive
7. Donate blood
8. Cook a healthy meal for your family
9. Encourage someone
10. Be a good listener
11. Introduce yourself to someone new
12. Thank your mail carrier
13. Give a food basket to a homeless person
14. Plant a tree
15. Help a friend move
16. Complain less
17. Share a music playlist with a friend
18. Organize a work carpool
19. Take shorter showers
20. Save energy by turning off the lights
21. Visit an animal shelter
22. Mentor a local youth group
23. Say "I love you" to someone
24. Leave a funny note in an unexpected place
25. Hold the elevator
26. Buy lemonade from a community stand
27. Practice patience
28. Refrain from talking badly about others
29. Buy a lottery ticket and give it to a stranger
30. Invite someone who is alone over for dinner
31. Leave extra change at a payphone
32. Cook dinner for a busy parent
33. Say "good morning" to someone who looks blue
34. Bring a co-worker coffee
35. Donate old clothing
36. Offer to pick up groceries for a sick or elderly friend
37. Leave a generous tip for a waiter
38. Send a net to help prevent the spread of malaria ([www.nothingbutnets.net](http://www.nothingbutnets.net))
39. Share a favorite quote with a friend
40. Serve food at a homeless shelter
41. Walk or run for a cause
42. Donate your children's old toys
43. Share a great book with a loved one
44. Pay for someone's parking meter
45. Give someone a compliment
46. Offer your seat to someone on the bus
47. Give someone a thank you note
48. Recycle
49. Pick up litter
50. Send a letter to a soldier ([www.amillionthanks.org](http://www.amillionthanks.org))
51. Be a courteous driver
52. Put money in a random gas pump
53. Give an inspiring note to a struggling friend
54. Wear a smile
55. Treat your friend to a spa day
56. Give another driver your parking spot
57. Donate your time at a senior center
58. Order someone food from their favorite restaurant
59. Write an appreciative note to a co-worker
60. Rekindle an old friendship
61. Give stickers to children
62. Give your partner breakfast in bed
63. Frame and give a fun picture to a loved one
64. Leave an encouraging comment on someone else's blog
65. Bike or walk to work
66. Buy extra groceries for a neighbor
67. Call a friend
68. Listen intently
69. Pack a lunch for your partner
70. Greet new visitors in your area
71. Adopt an animal from the humane society
72. Show empathy
73. Be thankful
74. Offer to help a friend pack for a trip
75. Call or send a letter to a person who has made a difference in your life
76. Don't nag
77. Don't sweat the small stuff
78. Make a card for your child's teacher
79. Donate professional clothes to an organization like Dress for Success ([dressforsuccess.org](http://dressforsuccess.org))
80. Look for the positive in others
81. Lend someone a pen
82. Offer a ride to someone who doesn't drive
83. Be understanding
84. Drop pennies on the ground for someone to pick up for good luck
85. Offer to house watch for a neighbor going out of town
86. Make amends for something you did wrong
87. Participate in community events
88. Hold a block party
89. Be happy for others
90. Give selflessly
91. Buy something special for the office secretary
92. Cook a family favorite for dinner
93. Be the best version of yourself
94. Bring cold waters for city workers
95. Agree to give a \$1 donation at the grocery store
96. Pick up your neighbor's newspaper
97. Name a star for someone ([starregistry.com](http://starregistry.com))
98. Be an optimist
99. Dedicate a song to a loved one on the radio
100. Spread the good by encouraging others to participate in a kindness challenge too.



# SACK FULL OF LOVE

Dear CMS Parents and Families,

This simple homework assignment is one both you and your student are sure to enjoy. Please assist your student in creating their own "Sack of Love" by filling the sack you will receive in your Parent Information Folder with one thing that they love and that has special meaning to them. Items may include such things as a photo, food, toy, piece of sports equipment, book, etc....

Be sure to return your student's "Sack Full of Love" on Monday, February 24, 2025. The students will share their bags at circle on either Thursday or Friday, time permitting. This will allow each student to feel very special and much loved.

Please bring your "Sack Full of Love" no later than  
**Monday, February 24, 2025.**

Thanks for your support and participation!

**We apologize, but for privacy reasons, this page is not available online. You will receive a copy of the Valentine's Exchange Name List in your student's Parent Information Folder. Please ask at the school office if you need an additional copy.**

**Thanks!**

# Things We Love

Dear CMS Parents and Families,

This is an opportunity for the whole family to get involved and have a lot of fun.

Attached to this newsletter is a paper heart pattern design. Please assist your child to create and decorate the heart with things that they "love". Your child may decorate their heart with any items that you wish.

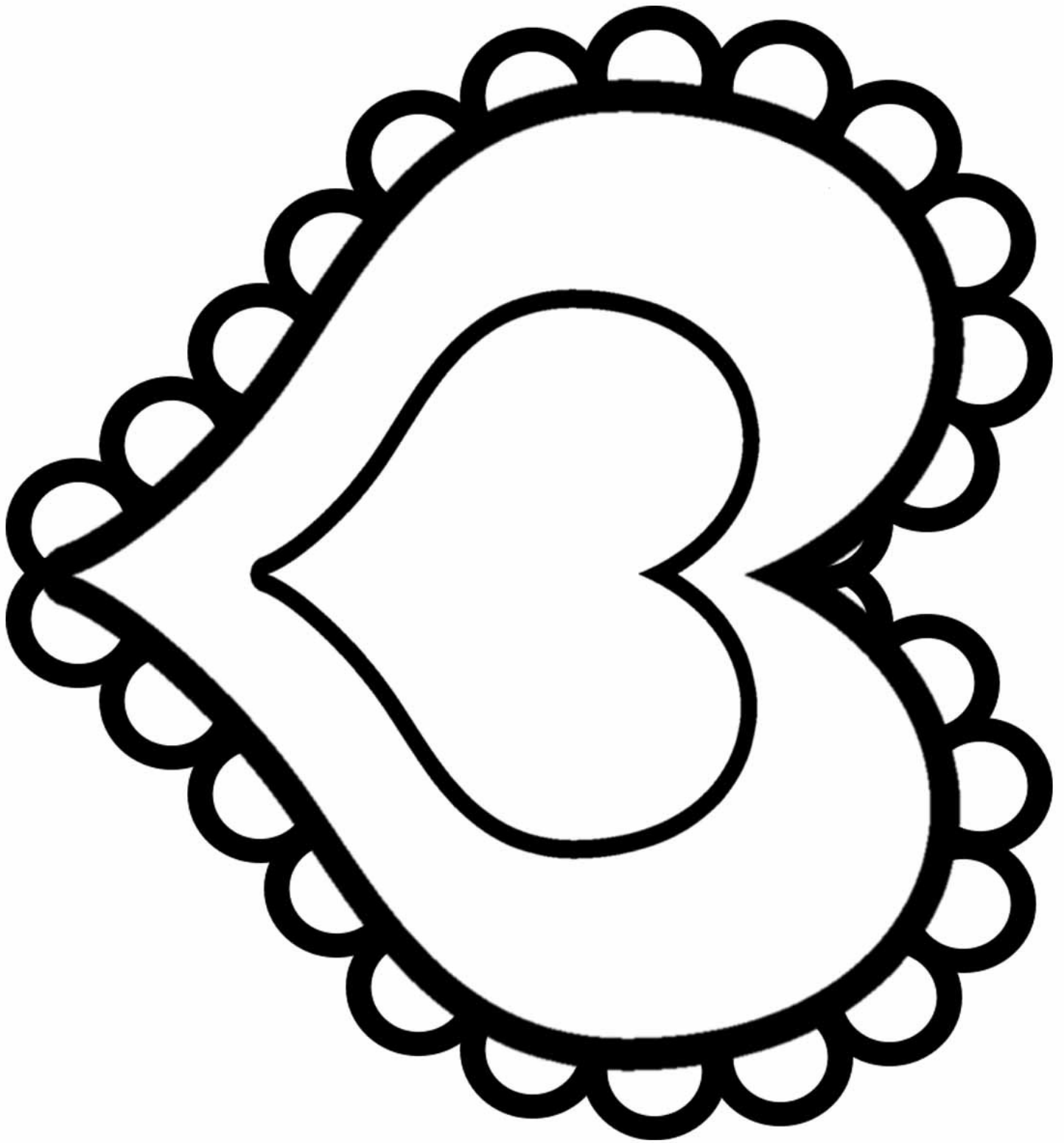
Also, please help your child cut out the heart and complete the sentence on the heart page.

Please return this heart by Monday, February 3rd. We will be using your heart to decorate your student's classroom which will allow each student to feel very special and much loved.

Items may include such things as photos, magazine pictures, drawings, stickers, etc.

Thanks so much to all of our families for your support and participation!





Student Name \_\_\_\_\_

I love \_\_\_\_\_.

I love \_\_\_\_\_.

I love \_\_\_\_\_.

But I love \_\_\_\_\_ most of all.



# February

2025



**Children's House  
Green &  
Kindergarten  
class**



## A Special Note For You:

**Hello CMS Families!**  
This past month we got into some really fun activities, practicing our handwashing skills, cutting cheese, science experiments and many art projects.

As we move into February we look forward to continuing in exploring various activities, a few key ones being; poetry, learning about our presidents, as well as land and water formations and much more! There is so much fun to come!

**Happy Birthday**

**Josiah-12th**



## Hat Day



**Mrs. Johnson & Ms. Daniel**





"The children of today will make all the discoveries of tomorrow".

- Maria Montessori

# Works of Art



# practical Life



# Science & Sensorial



# Language & Math



# February

Children's House/Kindergarten

Green

2025

Capital Montessori School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Children's Dental Health Month International Friendship Month National Hobby Month Library Lover's Month						
2 sound - t	3 Turn in "Things I Heart" Project	4 Special Project Making Valentine Containers Fire Drill	5 I See Purple Day	6 Special Project Heart Art	7 Student-Led Conferences School Closed	8
9 sound - u	10 Special Project What Does a Heart Do? Parts of The Heart	11 Special Snack Mini Pizzas	12 Special Project Poems	13 Special Project Snowdrop Art	14 All School Valentine Exchange	15
16 sound - v	17 President's Day School Closed	18 Special Project President's Silhouettes Earthquake Drill	19 Special Project Penny Polishing	20 Trip - Percival Landing Walk	21 100th Day of School Paper Bag Challenge	22
23 sound - w	24 Turn in "Sack of Love" Project	25 Special Project Land and Water Forms	26 Special Project Air/Land/Water Collage	27 Special Project Cats and Dogs Art	28 Special Project Memory Book Page "All The Things I Love"	

February is Friendship Month  
February is Student Assessment Month