

CMS Monthly News

June 2025



Although it hasn't always felt like it, spring is moving right along and we are excited to begin our summer activities!

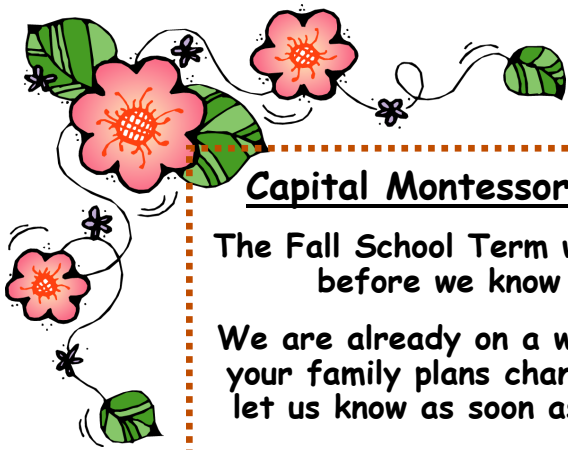
This month brings a family trip to Pacific Beach as well as one of the students' favorites, the "Egg Drop". We are also looking forward to our "End of The Year Party" and our annual "CMS Graduation Ceremonies".

We will celebrate our accomplishments at Graduation and we will enjoy some "tropical" fun as we bring our school year to a close.

Keep your calendars handy because you won't want to miss a thing!

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Capital Montessori School

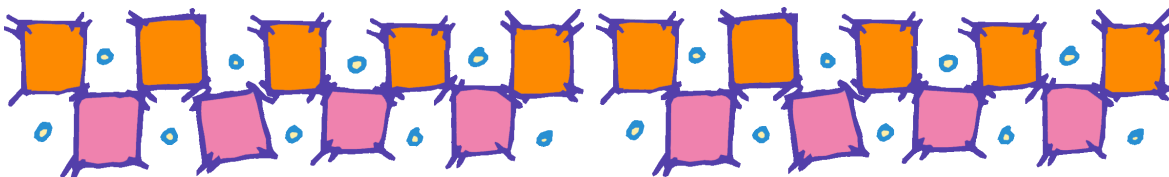
The Fall School Term will be here before we know it...

We are already on a waitlist. If your family plans change, please let us know as soon as you can.

Thanks for allowing us the opportunity to serve your family.

Special Reminder!

All students need to wear pants or shorts under their skirts. No sandals or flip flops - Thanks!



Class Parties

CH/G Friday, June 27th
Party Theme: Berry Great!
End of the Year

CH/B Friday, June 27th
Party Theme: A Berry Good Year!

El Friday, June 27th
Party Theme: Summer Send Off!

To celebrate the end of another great school year, all of the classes will have a special party for the teachers and students!

Each class will have a party theme listed
All CH Students should bring their regular lunches.

Elementary Students will have a pizza option and should bring a side dish to share potluck style. Look for additional information in your Parent Information Folder.

Thanks so much!
The CMS Staff



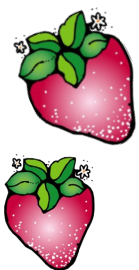
Jump Into Summer Camp!

Begins: Monday, July 7th!!!

Don't forget to sign up if you haven't yet, and let the office know specifically which weeks you will attend.

Also, if your plans have changed - Thanks!

Let the Summer Fun begin!



All School Trip Pacific Beach

Saturday, June 7th

All of our families are invited to join us for this fun day at Pacific Beach.

They have a wonderful State Park with a sandy beach and a creek to play in.

Some families will come for the weekend and some just for the day.

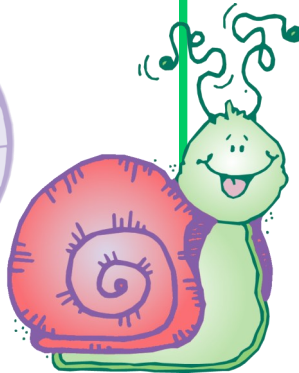
Please refer to page 4 of this newsletter for tips and suggestions on how to enjoy this day to its fullest!



Staff Professional Day

Friday, June 14th

School Closed



All School Egg Drop Thursday, June 12th

All students are invited to participate in this fun event.

All participants will receive certificates and trophies!

Please review the information on page 5 of this packet for all the details so you can start making your egg containers!



Term Break June 30th-July 4th **School Closed**

All School Graduation Sunday, June 22nd

CH/B: Mrs. Reed's Class: 10:00-11:00am

CH/G Mrs. Johnson's Class: 11:30-12:30n

EL/Middle School: Mrs. White/Noble: 11:30-12:30n

The Capital Montessori School will be holding its annual graduation ceremonies on Sunday, June 22nd. Please refer to the above information and/or your class calendar for your student's specific time. Students will be receiving their end of the year materials, certificate and medal. A family photo booth will be available following the ceremonies. This is an important event that you won't want to miss. There will also be a multi-media presentation commemorating the year.

This is considered to be a formal event, so students are encouraged to wear their nicest attire. Feel free to invite friends and relatives, as there should be plenty of space for all.

Our graduation ceremonies will take place in the gymnasium at **The South Bay Elementary School**. Driving directions will be available at the school office or online at the school website.

South Bay Elementary
3845 Sleater-Kinney Road NE
Olympia, WA 98506

A Special Thanks!

... to the families who participated in our annual "Family Picnic" at Tumwater Historical Park. We had a great time and we appreciate you all!

...to the brave men and women who serve in our military and keep our families safe!

... to everyone who sent cards and letters for Incredible Kids Day.

All School Pacific Beach Trip

Saturday, June 7, 2025

Dear CMS Parents and Families:

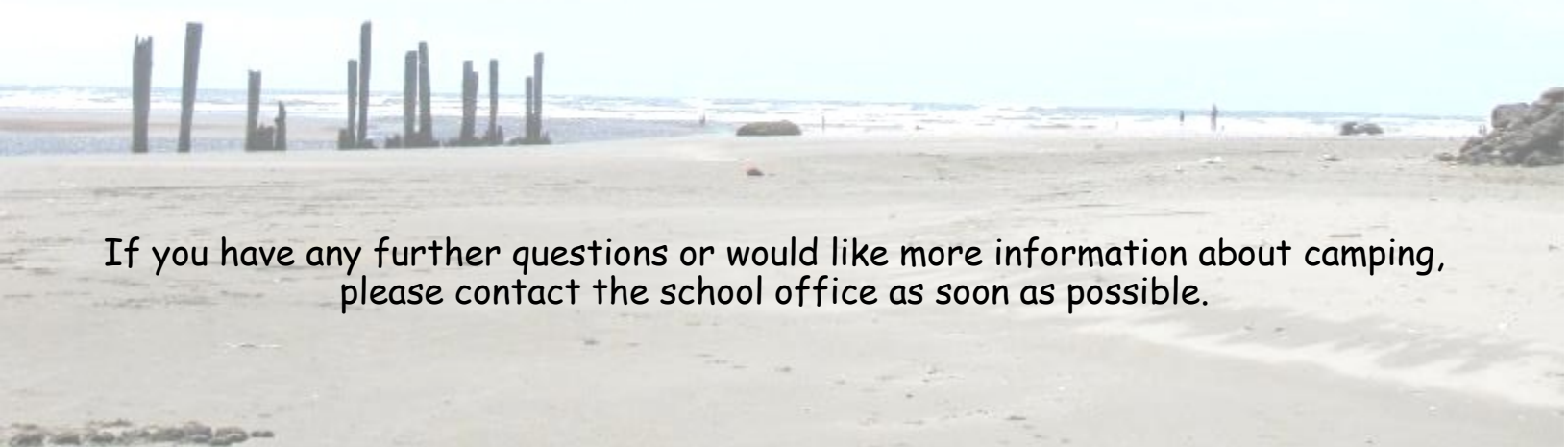
CMS is excited to invite our families to an amazing day at the beach!. Each year our families have made plans to spend an entire fun filled day at Pacific Beach State Park, on the Washington Coast. Please start making your plans to join us. The setting we have chosen is located on a creek and has many fun opportunities for all. This location is safe, family friendly, and bathroom accessible. Look for us near site #31 in the camping area.

Special Information:

Maps will be available at the office. Parking at the State Park requires a Discover Pass or day use permit. Parking is limited. Families are encouraged to carpool if possible.

The Following Are Suggested Items You May Want To Bring:

- | | | |
|----------------------------|--------------------|-------------|
| • Extra Change of Clothing | Jacket/Sweatshirt | Sun Glasses |
| • Hat | Boots/Beach Shoes | Sun Screen |
| • Beach Towel | Beach Toys - Kites | Drinks |
| • Swimming Suit | Extra Plastic Bags | |
| • Silverware | Lawn chairs | |
| • Lots and Lots of Food | | |
| • Beach Umbrella/shelter | | |



If you have any further questions or would like more information about camping, please contact the school office as soon as possible.



Egg Drop Information

Dear CMS Parents and Families:

On Thursday, June 12, 2025 all of the students and staff at the Capital Montessori School will have the opportunity to participate in our annual "All School Egg Drop".

All Egg Drop containers must be submitted to the school by **Wednesday, June 11th**. Each class will have a separate time for their eggs to be thrown from the storage container in the back field.

The schedule is as follows:

Egg Drop Schedule

CH Green	9:30 - 9:50 am
CH Blue	10:00 - 10:20 am
Elementary	10:30 - 10:50 am

A "Participant" certificate and trophy will be awarded to all students who bring an egg container. The egg drop containers will be opened and all unbroken eggs will receive a "Survivor" sticker.

Our students have enjoyed this project over the years and continue to ask for it! If you have any questions, please feel free to check with the school office as soon as possible.

EGG DROP RULES AND REGULATIONS

SUGGESTED MATERIALS YOU CAN USE:


PLEASE - Containers may be no larger than 18"x18"

Styrofoam Peanuts	Bubble Wrap
Baggies	Rubber Bands
Tissue	Dowels/Straws
Water	Nylons

1 Raw Egg

- * The egg cannot be treated in vinegar to alter the composition of the shell.
- * The egg cannot be hard boiled.

*Be Creative!
Have Fun!*





**Mrs. White
and
Mrs. Noble's
Classroom News
2025**



**This Month's Field Trips
and Special Events**

All School Pacific Beach Trip

Saturday, June 7th and Sunday, June 8th

CMS All School Graduation

Sunday, June 22nd

Location: South Bay Elementary

Time: 11:30a—12:30p

CMS All School Egg Drop

Project Due

Wednesday, June 11th

Egg Dropping Day

Thursday, June 12th

All Class Trip

Pierce College

Science Dome

Tuesday, June 17th

Juneteenth

School Closed/Thursday, June 19th

All School Staff Professional Day

School Closed/Friday, June 20th

All Class Trip

Lacey Timberland Library

Tuesday, June 17th

Elementary Dinosaur Day

All Things About Dinosaurs

Wednesday, June 25th

Summer Send Off Party

End of the Term Party

Last Day of The Term/Friday, June 27th

All School Term Break/School Closed

Monday, June 30-Friday, July 4th

CMS Summer Olympics Camp

Start: Monday, July 7th

Classroom Birthdays

Elliott	16
Mylo	28
Opal	29



Social Studies Classes

The following are some of the upcoming topics we will be covering in the month of June:

1. First Look at History
 - * Predicting Future Changes
 - * My Past, Present and Future
2. Earth
 - * From the Earth
 - * Rocks
 - * Water, Water Everywhere
Taking Care of the Earth
3. Balance and Motion
 - * Force and Motion
 - * Gravity
 - * Friction

Last Day/Term

Friday, June 27th

Term Break

School Closed

Monday, June 30th
Through
Friday, July 4th

First Day

Summer Term

Monday, July 7th





Promise me you'll **always** remember:

YOU ARE **BRADER**
THAN YOU BELIEVE

STRONGER

Than you seem

smarter than you think
and twice as

BEAUTIFUL

AS YOU'D EVER IMAGINED

THANK YOU!!!

Thanks so much to all of our families for the wonderful gifts of appreciation we received during this past year...

Thanks to all of our students for bringing their interesting items to share...

"Thanks for your help, understanding and support"

This has been a great year!!!

Character Building Classes

Our Character Building Classes this month will include the topic of being **Courageous/Brave**

Kids are growing up in a world that is becoming increasingly competitive and comparative. It is easy for any of us to believe that the ones who have found success or happiness are better than, stronger than, smarter than, or privy to something magical, strengths or qualities that are reserved for the lucky few. The truth is that none of us are born with the 'success' gene or the 'happiness gene'. There are many things that lead to success and happiness, but one of the most powerful of these is courage.

Behind so many brilliant successes are failures, rejections, and unexpected turns. Often without exception, there is also courage. Mountains of courage. Courage to keep going, to find a different way, and of course the courage to try in the first place. Here are some ways to nurture your child's bravery:

1. Show your Child what Bravery/Courage looks like. If you want your child to be brave, then you have to be brave. Be the hero.

2. Challenge and Praise. We naturally want to protect our kids. However, we also must challenge them constantly to try new things and to do things that they might fear. Build on their courageous attempts.

3. Build Confidence and Conviction. Build and nourish confidence within your child. Help them know their core identity is not their performance, what others say about them, or the sum of their possessions.

4. Speak of their Bravery as though it is all ready there. Kids step up to expectations or down to them. Speak to the courage that is coming to life inside them. Trust me – you are one of the bravest people I know.

5. Give Permission for Imperfection. Failure and rejection are often a sign that you've done something brave. Every experience gives new information and new wisdom that wouldn't have been there before. It's why only the brave ones get there in the end – they have the knowledge, wisdom and experience that can often only be found when you land badly – sometimes more than once. Give them space for imperfection – it's a growth staple.

6. Give them space for Courage of thought. Courage isn't only about pushing against your child's own edges. Sometimes it's about pushing against the friends who might steer them off track, the limiting expectations of others. There is nothing wrong with questioning – it opens hearts, minds and mouths – what's important is that the questioning is done respectfully.

7. Self-Talk. Self-Talk is one of the biggest ways we stop ourselves from venturing outside of our limits. Self-Talk can be automatic and barely noticeable, but can be limiting. These limits are the can't's, shouldn't, and what-ifs. However, brave can be a thought, a feeling, or an action. Your kiddos can always be braver than they think. They can do brave even if they don't think it or feel it. Brave is brave, however much fear and self-doubt is behind it.

8. Courage is about doing what's right. Sometimes courage is about doing the scary thing, and sometimes it's about doing the right thing. Saying "no" to something that doesn't feel right is one of the bravest things we humans can do.

9. Role Play. Get Creative. Come up with different scenarios involving potential acts of bravery and courage.

The bottom line is that children might believe that courage comes in the way of grand, big gestures, superheroic feats, or actions of dragon slayers. The truth is, our children are slaying their own dragons, every day. They're heroes, every one of them.

The key is helping them realize it so they can use it to push through their edges when they feel small, scared, confused, or unseen. Because one of the most important parts of being brave, is knowing that somewhere inside of you, 'brave' will be there when you need it, whether you feel it or not.



"A Year of Montessori Memories"

Friends Forever...





Capital Montessori School

CMS Lower Elementary

Mrs. Noble

June

2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>Thematic Unit</u> Dinosaur Unit	2 <u>Special Project</u> All About Dinosaurs	3 <u>Special Project</u> Dinosaur Stories	4 <u>I See Camouflage Day</u>	5 <u>Special Project</u> Dinosaur Facts	6 <u>Special Project</u> Dinosaur Research	7 All School Pacific Beach Event Saturday/Sunday
8 <u>Thematic Unit</u> Dinosaur Unit	9 <u>Special Project</u> A Day in the Life of A Paleontologist	10 <u>Special Project</u> Dinosaur Silhouettes Fire Drill	11 Turn in Egg Drop Entries	12 CMS All School Egg Drop	13 <u>Special Project</u> Dinosaur Craft	14
15 Father's Day <u>Thematic Unit</u> Dinosaur Unit	16 <u>Special Project</u> We're Going on a Dino Hunt	17 <u>Special Trip</u> Pierce College Science Dome Earthquake Drill	18 <u>Special Project</u> Dinosaur Craft	19 Juneteenth Holiday School Closed	20 Staff Professional Day School Closed First Day of Summer	21
22 Graduation Ceremonies (South Bay Elementary)	23 <u>Special Project</u> Dinosaur Timeline	24 <u>Special Project</u> Dinosaur Timeline	25 Dinosaur Day	26 <u>Special Project</u> Dinosaur Crafts	27 End of Year Class Party Last Day of Fall Term	28
29	30 Term Break School Closed June 30 - July 4	1 July School Closed	2 School Closed	3 School Closed	4 School Closed	CMS Summer Camp Road Trip USA National Parks Starts: Monday, July 7th