Capital Montessori School

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Upper and Lower Elementary Mrs. White/Mrs. Noble

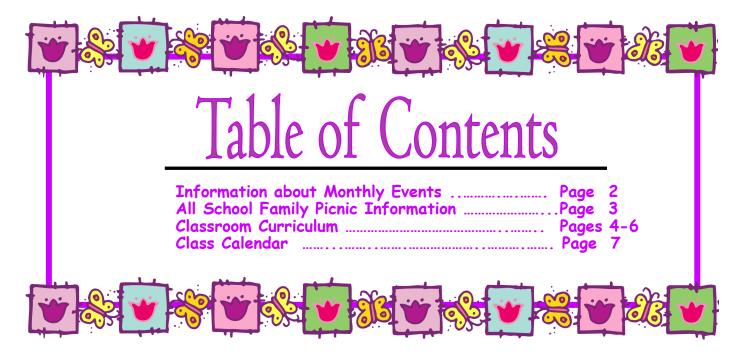
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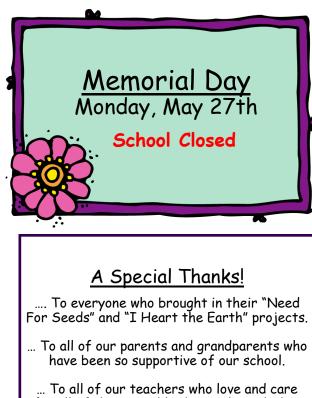
Monthly News

In some ways our school year is winding down, but in other ways the activities and fun are just getting started!

We have many special events, family involved projects, trips, and activities to fit in over the next two months. Please keep an eye on your newsletter and calendar for all of the information you may need.

And don't hesitate to ask at the school office if you have any questions.





for all of the special little people each day.

... To the many families who have donated books, puzzles, and care toys for our classrooms.

Thank you! Thank you!!

Standardized Testing

Monday, May 6th through Friday, May 10th will be a time of standardized testing for some of our kindergarten and elementary aged students.

> The tests will happen in the morning between 9:15 am and Noon.

If your student is involved in the testing process, please be sure he/she is present each test day and arrives no later than 9:00 am.

Thanks for your help!

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All School Bike/Trike Days

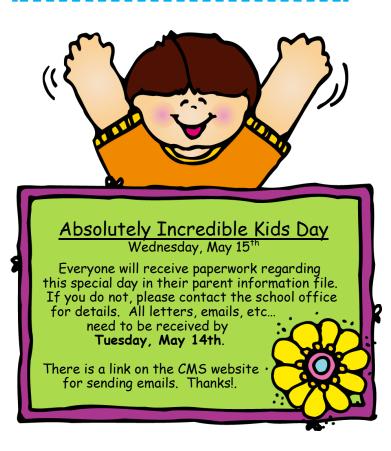
CH/Green -Friday, May 3rd CH/Blue - Friday, May 10th



Elementary - Thursday, May 16th

The students will be practicing their bike riding skills. Children's House students will stay and ride in the school parking area. Elementary students will travel to the parking area behind Target for some skill building and a short trip on the Chehalis Western Trail.

All students must bring their own bike and helmet in order to participate. Due to limited storage, student's bikes/trikes should be dropped off in the morning and picked up in the afternoon of their class's bike day.



All School Family Picnic and Game Day

Friday, May 24th 12:00 noon - 1:00 pm School Closed - 11:30 am to 5:30 pm

On Friday, May 24th, from 12:00 noon to 1:00 pm, each student at the Capital Montessori School may invite their family as their very special guests to our annual Family Picnic. Please refer to the following information when making your plans for this event.

Our upcoming picnic will be a potluck. This is a special event to spend with your family. It will take place at the Tumwater Historical Park and will last approximately one hour; however our families are welcome to stay as long as they wish.

Maps will be available from the school office for anyone who needs them.

Students can bring to school a game to share with their classmates during the morning.

Parents are then asked to pick up their student from school at 11:30 am and transport them to the park for our picnic. School closes at 11:30 am.

Sorry, there is no child care available after 11:30 am.

Families are asked to bring the following:

Food items to share for the potluck. Also, tableware and beverages for the family.

Outdoor games and lawn chairs are always an option but are not required. See You There —



This Month's Field Trips and Special Events

Class Trip

Walking/Music 6000 Tour Thursday, May 2nd

<u>National Standardized</u> <u>Testing Week</u> Monday, May 6th-Friday, May10th

<u>Class Trip</u> Walking/House of Donuts Thursday, May 9th

<u>All "Book Share Day"</u> Friday, May 10th

In-House Movie

Elmo and the Bookaneers Monday, May 13th

<u>Absolutely Incredible Kids Day</u> Parent Project Wednesday, May 15th

> <u>Class Trip/Bike Day</u> <u>Chehalis Western Trail</u> Thursday, May 16th

<u>All School "Family Picnic"</u> Friday, May 24th

Memorial Day

School Closed Monday, May 27th

<u>Class Trip</u> Lacey Timberland Library Thursday, May 30th



Social Studies Classes

The following are some of the upcoming topics we will be covering in the month of May:

1. First Look at History

- * Exploring the Past
- * People of the Past

2. Stories Around the World

- * Folktales and Fairy Tales
- * Cinderella Stories Around the
- * Myths and Legends

3. Balance and Motion

- * What is Balance?
- * What Can Be Balanced?
- * Symmetry





Thanks so much to all of our families for donating books, activities, puzzles and care tors to our classroom this rear...

You have touched our hearts!!!

We especially need imagination in science, it is not all mathematics, nor all logic, but it is somewhat beauty and poetry - Dr. Maria Montessori

Character Building Classes

Our Character Building Classes this month will include the topic of Organization

Getting organized is an important success skill that can make life easier for kids of all ages. It might take some effort in the beginning, but it's worth it in the long run. Here are some tips to help your child improve their organization skills at home, at school and beyond:

1. <u>Build a Habit</u>. An environment that feels organized, where things have assigned places to live and are easy to see, will help your child on the path to organization. When I needed inspiration on what an organized environment for kids looks like I turned to Montessori.

The Montessori classroom is a calm and inviting place to learn. That is because it is a vision of carefully planned order and organization. Lesson tasks are laid out on trays and sit on clean, uncluttered shelves. Each tray has a place that it lives. The student takes the tray, does the work, and then returns the tray.

The space between each tray allows the children to see what is really there. They don't become so overwhelmed by "stuff" that they block out the overwhelming visual stimuli and see "nothing." Plus it's easy to remember where the tray lives and that makes it easier for the kids to take control of staying organized.

Another thing Montessori classrooms do is to rotate materials in and out of the classroom on a weekly or monthly basis. Not having every single toy out and available cuts down on that cluttered feeling and has the added benefit of keeping them from getting bored with the materials.

2. <u>Establish Daily Routines</u>. No one is born with built-in organizational skills. The neural pathways necessary to be an organized person develop slowly and over time. We have to practice routines and teach our kids techniques to help them to start thinking in a linear and organized fashion. Creating a regular schedule can help your child learn what to expect throughout the day. Use picture schedules, clocks and other time management strategies.

3. <u>Break Tasks Into Chunks</u>: Help your child break down projects into smaller, more manageable steps. This will show your child that each project has a beginning, middle and end, which can make projects feel less overwhelming.

4. <u>Make Checklists and To Do Lists</u>: Encourage your child to keep the list in a place where they see it often and to check off accomplishments as they go.

5. <u>Teach Calendar and Time Management Skills</u>. Encourage your child to write down important tasks in a digital calendar or on a paper one. Then help them estimate how much time each task will take. Check your calendar daily.

6. <u>Introduce Organizers and Use Color Coding</u>. Show your child how to use outlines, graphic organizers or concept webs to organize ideas for school projects. Assign colors to each project. Use of brightly colored pocket folders and colored pens will help your child to engage more easily.

7. <u>Help Your Child Think Ahead</u>: Before bedtime, review plans for the next day with your child. This can make your child feel more secure. Together you can plan how to handle things if a change comes up in the schedule.

8. <u>Get Buy-In</u> Brainstorm about what might be easier or better if your child was more organized and focused. Maybe homework would get done faster, there would be more play time, and there would be less nagging about chores. Then there's the added bonus of your child feeling proud and you being proud, too.

9. <u>Set Expectations</u>. Be clear, in a kind way, that you expect your kids to work on these skills and that you'll be there to help along the way. Be sure to reward and provide support throughout the process.

10. Things to Remember, It will take time to teach your child how to break down tasks into steps. It also will take time for them to learn how to apply these skills to what needs to be done. Make organizing fun by using games and rewards as part of the learning process. Sometimes, it will seem simpler just to do it for them. It certainly would take less time. But the trouble is that children don't learn how to be independent and successful if their parents swoop in every time a situation is challenging or complex.

Capital Montessori	essori School			-ower and Upp	Lower and Upper Elementary: White/Noble	: White/Noble
			May	2024		Com
Sunday	Monday	Tuesday	Nednesday	Thursday	Friday	Saturday
National Family Month Pacific Beach Family Tri Come for the day or sta	National Family Month Pacific Beach Family Trip Saturday, June 1st Come for the day or stay the weekend!	ţ	1 I See Pink Day	2 Special Project Walking Tour Of Music 6000	3 <u>Special Project</u> Flower Q-Tip Art	4
5 Teacher's Appreciation Week May 6 - 10	6 <u>Iowa Testing</u> Kind -6th Grade Students May 6th - May 10th	7 Special Craft Taco Tuesday	8 Special Project The Life Cycle of The Earthworm	9 Special Project Walking to The Mouse Of Donuts	10 Special Event Lunch On The Grass Book Share Day	11
12 Mother's Day <u>Thematic Unit</u> The Study Of The Earthworm Unit	13 <u>In-House Movie</u> Elmo and The Bookaneers	14 <u>Special Project</u> The Earthworm Booklet Fire Drill	15 Absolutely Incredible Kids Day	16 <u>Bike Day</u> Chehalis Western Trail	17 Special Event Lunch On The Grass	18
19 Garden Planting Starts This Week	20 Special Project The Garden Unit	21 Special Snac k Bugs on a Log	22 Special Project Preparing The Garden	23 Special Project Planting The Garden	24 All School Family Picnic © Tumwater Historical Park 	25
26 Thematic Unit Washington State Unit	27 Memorial Day School Closed	28 Special Lunch Option Taco In A Cup Earthquake Drill	29 Special Project Washington State Booklet	30 <u>Special Trip</u> Lacey Timberland Library	31 Special Project Map of Washington State	

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