# S Monthly News



October is here! We are so excited for the fun of the fall season. There are many exciting activities planned throughout the month for everyone. Please keep a close eye on your student's calendar so you won't miss out. I also strongly recommend that you reference this newsletter many times throughout the month. Many of your questions will be answered through careful reading. If you need anything at all, please don't hesitate to ask at the school office.

Happy fall!

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### Special Reminders

Please remember to say your goodbyes in the school entry and allow the students to go to class independently. Thanks so much to everyone for your assistance as we help our students grow.

With the cold and flu season upon us, please review current sick policies about when to keep your student home due to illness. Also, keep watch in your Parent Information Folder as we will update you on the latest illnesses or outbreaks.

Please remember to drive slowly and carefully in the school parking lot. We want to keep everyone as safe as possible.

Just a reminder, all of our little people must wear shorts or pants under their skirts and dresses.

Also, all students need to wear socks while at school. If students choose to wear sandals to and from school, please be sure to keep an extra pair of socks in your child's clothing box.

#### <u>Schilter Family Farm</u> Children's House Students

Wednesday, October 3rd Time: 9:15 am - 12:00n

This trip is a school favorite! We will take a big yellow school bus to the farm and each child will have the opportunity to choose a pumpkin to bring home. As a part of this trip we will also explore the petting zoo, the hay maze, and take a wagon ride. Please have your student wear weather appropriate clothing and be sure their rubber boots are at school. We will be eating lunch after we return to school. If your child has animal allergies or issues with hay, please check in with the school office as soon as possible.

Sorry, adult guests will not be allowed on this trip.

Thank You!!!





Winter is on the way! Your student needs to have a warm jacket with a hood at school each day. Remember, children will play outside even if it is cold or sprinkling.

# Staff Professional Day Friday, October 25th

School Closed

# October

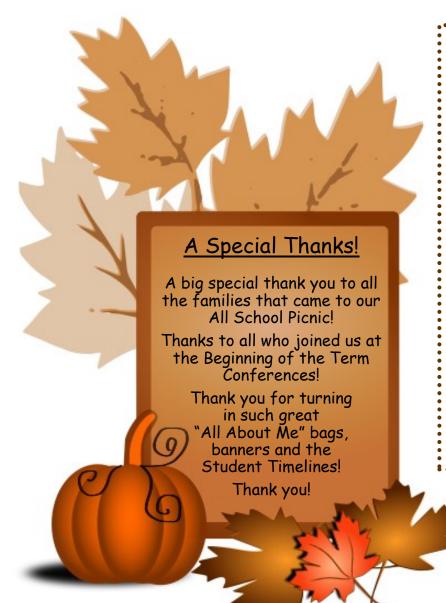
CH: I See Orange Day Wednesday, October 2nd

Spider Web Project Monday, October 7th

I Am Special Day Wednesday, October 9th

Parent Projects The ABC's of Me Monday, October 28th

Page 2



#### Halloween Reminders

Although Halloween is a holiday that is much anticipated by the children, there are also many families who choose not to celebrate it for religious or personal reasons.

What we find at school is that the students get plenty of opportunities to enjoy Halloween at home with their families.

With all of the other excitement and sugar, we have chosen not to do anything Halloween related during school time.

With this in mind, please remember that while at school...

No Halloween Costumes No Classroom Parties No Candy or Sugary Treats

Thanks!

All School Pacific Beach Trip June 7, 2025

Each year CMS organizes a family day at Pacific Beach State Park. Families are invited to camp for the weekend or just spend the day. This is a popular park and will fill quickly. Book your campsite today!

Look Ahead...

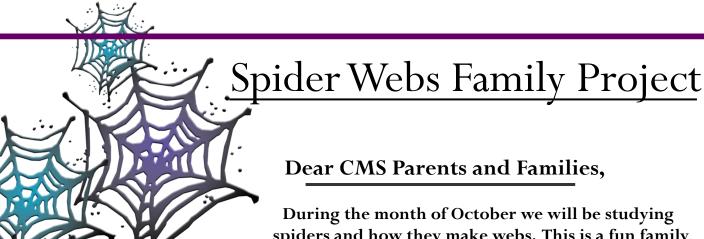
Plan Ahead...

CMS All School Harvest Feast: November 27th (Half Day of School)

Harvest Break: November 28th - 29th

Winter Term Break: December 23rd - January 3rd

Spring Break: March 31st- April 4th



During the month of October we will be studying spiders and how they make webs. This is a fun family project to help your student learn about the hard work spiders do.

Please follow the directions below:

1.Cut out the center of a large margarine lid so only the ring remains.

2. Tie one end of the yarn to the ring. Tape or glue the yarn to the edge of the lid.

3.Loop the yarn tightly and evenly around the ring, as shown in the diagram below, until you return to the first loop.

4.Loop the yarn strand under and through the first set of loops to create a second row.

As you pull the string tightly, yarn "triangles" will begin to form.

5.Continue adding rows of loops moving towards the center of the ring.6.When you reach the center of the web, knot the yarn, cut it off and glue or tape it in place.

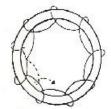
7.Glue a plastic spider to the center knot if you wish.

- 8. You can make as many spider webs as you would like.
- 9.Please send your completed web(s) to school with your student on:

# Monday, October 7, 2024











# I AM SPECIAL DAY

Dear CMS Parents and Families,

On Wednesday, October 9, 2024 your student will be celebrating - "I AM SPECIAL DAY" - at the Capital Montessori School

As we make new friends throughout this school year, we feel it is important that each student know just how special they really are. Each and every student in our school is unique, a one of a kind. We want the students to know just how many people think they are special and what it is specifically that makes them so special.

THERE ARE MANY UNIQUE THINGS ABOUT EACH STUDENT.

THEY ARE VERY SPECIAL INDEED.

ALL CHILDREN ARE SPECIAL AND ONE-OF-A-KIND.

THAT'S WHAT MAKES THEM DIFFERENT,

THEY ALL STAND OUT AND SHINE!

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As part of this very exciting day we are asking you to help us in the following ways:

- 1. Take time to discuss with your student why he or she is special. Make a list of as many reasons as you can as to why your student is special. Place the list in the "I AM SPECIAL SACK" which will come in your student's file at the office.
- 2. Call friends and relatives to get their input.
- 3. Find one or two very special items around your home that help your student understand why he or she is so special. Place the items in the attached "I AM SPECIAL SACK".

Your student will have the opportunity to share their items with his/her class during circle time that same day.

Be Creative!

Enjoy the I Am Special Sack and please return it to school by:

## Wednesday, October 9, 2024



# ABC's Of Me Family Project

Each family will receive this fun booklet in their student's Parent Information Folder. Take it home and go over it with your student. Here are the steps:



- Decorate the cover with pictures of Your child's favorite things.
- Have your child fill in the sentence prompts on each page.
  Students who are able to should write their own words, but others may need some help from Mon and Dad.
- Each page has an empty frame. Have your child draw/illustrate something that goes with the sentences on that page.
- Bring Your student's finished book to share in class no later than Monday, October 28th.

The students will share these books at a circle time in class and then the books will be stored in the classroom so we can read about each other throughout the Year. You will receive them back at Graduation in June.

Don't forget to keep it fun!



# CMS Sick Policy—Parent Handbook

Children who come to school not feeling well become more vulnerable to infection. Also, being in a school setting, germs have the potential to spread quickly because of increased and frequent contact with other children. In an effort to establish a healthier environment for all the children it is requested that all sick children are cared for at home.

If you child has had any symptoms of illness during the night, such as nausea, vomiting, diarrhea, or fever, please keep him/her home until their temperature has returned to normal for 24 hours and the symptoms have gone.

When a student is absent from school, it will be the parent or guardian's responsibility to telephone the school office no later than 4:00am each day of the student's absence. It is particularly important that you inform the school office if your child has contracted any communicable diseases as we are required to notify other families in the school when their children may have been exposed.

If your child should become ill at school, he/she will be isolated and you or an authorized person listed on the emergency form will be notified immediately in order to pick up your child. We will not call you unless you are really needed.

- After a fever, the student must have a normal temperature of (98.6) for  $\underline{24}$  hours before he/she may return to school without the aid of medication.
- If a student is well enough to come to school, we will expect him/her to go outdoors with his/her class and participate in all activities.
- Often students will ask to come to school even though they are ill. Although your student may be disappointed, please keep him/her home if he/she is sick.
- If your student becomes ill while at school and you are called, please cooperate by picking your student up promptly.

# No Medications Will Be Administered At School Without A Prescription



# Clementine & Aurora

















# CHILDREN'S HOUSE & KINDERGARTEN BLUE CLASS























Thank you!

To Kyleigh's family

for the books!

To Jessica's family for

the care activities!

#### **CURRICULUM HIGHLIGHTS:**

<u>Unit</u>: The Pumpkin/ Fire Safety/ The Lighthouse

- Zoology: The Cow, The Bat
- Botany: The Pumpkin, The Leaf
- Science: exploring pumpkins, dissection of a pumpkin
- <u>Physical Science</u>: milk & popcorn experiment
- Grace & Courtesy: taking turns, excuse me
- Spanish: counting 1-20, parts of the body, colors



Checking on our gardeni







The arrival of fall provides us with many wonderful sensory experiences to enjoy. Harvesting cherry tomatoes, coneflowers, and African daisy seeds from our garden. Watching pumpkins slowly form on vines. Cozy coats and sweaters for the windy and rainy days. Trees changing colors and dropping their leaves for closer examination. May we all be as curious and content with simple pleasures as these young humans in our daily lives. Thank you for sharing them with us every day!

Sincerely,

Mrs. Reed, Mr. Reed, & Ms. McKitrick





2024 urday **Classical Music Month Self Awareness Month** 92 7 19 S Capital Montessori School Children's House and Kindergarten Development Day Special Project Science Project Special Project School Closed Scrubbing Parts of Pumpkin Orange The Bat Staff Art 18 25 11 Schilter's Family Farm Science Experiment Earthquake Drill Special Project Special Project October Memory **Pumpkin Picking** hursday Book Pages Blue Milk and Popcorn Co₹ Art Trip -10 24 17 In House Showing of "Safe Side Superchick" In The Grass Field Wednesday Fire Prevention Day Special Project Trailer Ride Orange Special Day A Tractor I See Day I dB Leaf Art 97 33 ဓ္က Science Experiment Science Project Special Project Special Project Science Project Golve Activity uesday Tammering Dissection Milk in a Pumpkin Parts of The Cow Pumpkin Fire Drill Spider Hats 29 15 22 Science Project Turn In "The ABC's of Me" The Leaf Parts of Turn In "Spider Web" Fire Station (Downtown) Project Project 14 8 21 0 Prevention Week 6 - punos p - punos sound - e y - punos y - punos 2 23 13