Capital Montessori School

Children's House and Kindergarten
Green

CMS Monthly News

October 2026

October is here! We are so excited for the fun of the fall season. There are many exciting activities planned throughout the month for everyone. Please keep a close eye on your student's calendar so you won't miss out. I also strongly recommend that you reference this newsletter many times throughout the month. Many of your questions will be answered through careful reading. If you need anything at all, please don't hesitate to ask at the school office.

Happy fall!

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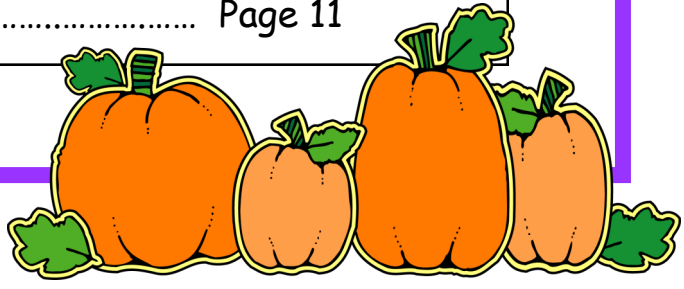


Special Reminders

Please remember to say your goodbyes in the school entry and allow the students to go to class independently. Thanks so much to everyone for your assistance as we help our students grow.

With the cold and flu season upon us, please review current sick policies about when to keep your student home due to illness. Also, keep watch in your Parent Information Folder as we will update you on the latest illnesses or outbreaks.

Please remember to drive slowly and carefully in the school parking lot. We want to keep everyone as safe as possible.

Just a reminder, all of our little people must wear shorts or pants under their skirts and dresses.

Also, all students need to wear socks while at school. If students choose to wear sandals to and from school, please be sure to keep an extra pair of socks in your child's clothing box.

Schilter Family Farm
Children's House Students

Wednesday, October 7th
Time: 9:15 am - 12:00 n

This trip is a school favorite!
We will take a big yellow school bus to the farm and each child will have the opportunity to choose a pumpkin to bring home.
As a part of this trip we will also explore the petting zoo, the hay maze, and take a wagon ride.
Please have your student wear weather appropriate clothing and be sure their rubber boots are at school.
We will be eating lunch after we return to school. If your child has animal allergies or issues with hay, please check in with the school office as soon as possible.

Sorry, adult guests will not be allowed on this trip.

Thank You!!!

Winter is on the way! Your student needs to have a warm jacket with a hood at school each day. Remember, children will play outside even if it is cold or sprinkling.

Staff Professional Day
Friday, October 30th

School Closed

October

Spider Web Project
Monday, October 5th

CH: I See Orange Day
Wednesday, October 14th

I Am Special Day
Wednesday, October 21st

Parent Projects
The ABC's of Me
Monday, October 26th

A Special Thanks!

A big special thank you to all the families that came to our All School Picnic!

Thanks to all who joined us at the Beginning of the Term Conferences!

Thank you for turning in such great "All About Me" bags, banners and the Student Timelines!

Thank you!

Halloween Reminders

Although Halloween is a holiday that is much anticipated by the children, there are also many families who choose not to celebrate it for religious or personal reasons.

What we find at school is that the students get plenty of opportunities to enjoy Halloween at home with their families.

With all of the other excitement and sugar, we have chosen not to do anything Halloween related during school time.

With this in mind, please remember that while at school...

No Halloween Costumes
No Classroom Parties
No Candy or Sugary Treats

Thanks!

CMS All School Family Harvest Feast

Date: Wednesday, November 25th
Time: 12:00n-1:00p
Location: Lacey Community Center

MARK YOU CALENDAR!!!

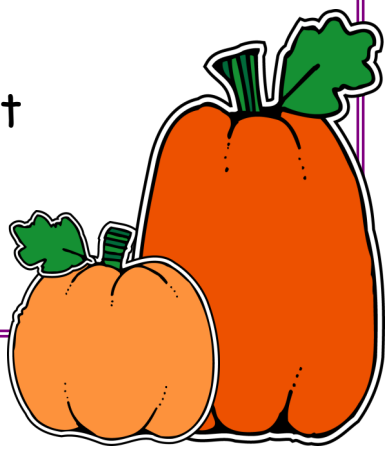
Look Ahead...
Plan Ahead...

CMS All School Harvest Feast: November 25th (Half Day of School)

Harvest Break: November 26th - 27th

Winter Term Break: December 21st - January 1st

Spring Break: April 5th – April 9th



Spider Webs Family Project

Dear CMS Parents and Families,

During the month of October we will be studying spiders and how they make webs. This is a fun family project to help your student learn about the hard work spiders do.

Please follow the directions below:

1.Cut out the center of a large margarine lid so only the ring remains.

2.Tie one end of the yarn to the ring. Tape or glue the yarn to the edge of the lid.

3.Loop the yarn tightly and evenly around the ring, as shown in the diagram below, until you return to the first loop.

4.Loop the yarn strand under and through the first set of loops to create a second row.

As you pull the string tightly, yarn "triangles" will begin to form.

5.Continue adding rows of loops moving towards the center of the ring.

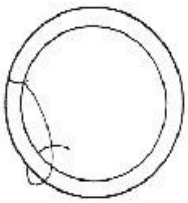
6.When you reach the center of the web, knot the yarn, cut it off and glue or tape it in place.

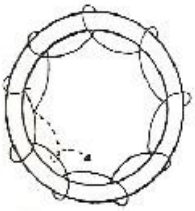
7.Glue a plastic spider to the center knot if you wish.

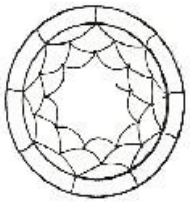
8.You can make as many spider webs as you would like.

9.Please send your completed web(s) to school with your student on:

Monday, October 5, 2026







I AM SPECIAL DAY

Dear CMS Parents and Families,
On Wednesday, October 21, 2026 your student will be celebrating -
"I AM SPECIAL DAY" - at the Capital Montessori School

As we make new friends throughout this school year, we feel it is important that each student know just how special they really are. Each and every student in our school is unique, a one of a kind. We want the students to know just how many people think they are special and what it is specifically that makes them so special.

THERE ARE MANY UNIQUE THINGS ABOUT EACH STUDENT.
THEY ARE VERY SPECIAL INDEED.
ALL CHILDREN ARE SPECIAL AND ONE-OF-A-KIND.
THAT'S WHAT MAKES THEM DIFFERENT,
THEY ALL STAND OUT AND SHINE!

As part of this very exciting day we are asking you to help us in the following ways:

1. Take time to discuss with your student why he or she is special. Make a list of as many reasons as you can as to why your student is special. Place the list in the "I AM SPECIAL SACK" which will come in your student's file at the office.
2. Call friends and relatives to get their input.
3. Find one or two very special items around your home that help your student understand why he or she is so special. Place the items in the attached "I AM SPECIAL SACK".

   Your student will have the opportunity to share their items with his/her class during circle time that same day.

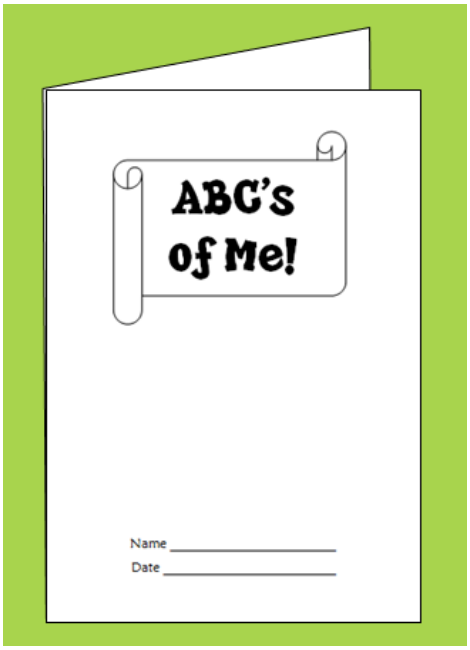
4. Be Creative!

Enjoy the I Am Special Sack and please return it to school by:

Wednesday, October 21, 2026

ABC's Of Me

Family Project



Each family will receive this fun booklet in their student's Parent Information Folder. Take it home and go over it with your student. Here are the steps:

- Decorate the cover with pictures of your child's favorite things.
- Have your child fill in the sentence prompts on each page. Students who are able to should write their own words, but others may need some help from Mom and Dad.
- Each page has an empty frame. Have your child draw/illustrate something that goes with the sentences on that page.
- Bring your student's finished book to share in class no later than **Monday, October 26th.**

The students will share these books at a circle time in class and then the books will be stored in the classroom so we can read about each other throughout the year. You will receive them back at Graduation in June.

Don't forget to keep it fun!

CMS Sick Policy–Parent Handbook

Children who come to school not feeling well become more vulnerable to infection. Also, being in a school setting, germs have the potential to spread quickly because of increased and frequent contact with other children. In an effort to establish a healthier environment for all the children it is requested that all sick children are cared for at home.

If you child has had any symptoms of illness during the night, such as nausea, vomiting, diarrhea, or fever, please keep him/her home until their temperature has returned to normal for 24 hours and the symptoms have gone.

When a student is absent from school, it will be the parent or guardian's responsibility to telephone the school office no later than 9:00am each day of the student's absence. It is particularly important that you inform the school office if your child has contracted any communicable diseases as we are required to notify other families in the school when their children may have been exposed.

If your child should become ill at school, he/she will be isolated and you or an authorized person listed on the emergency form will be notified immediately in order to pick up your child. We will not call you unless you are really needed.

- After a fever, the student must have a normal temperature of (98.6) for 24 hours before he/she may return to school without the aid of medication.
- If a student is well enough to come to school, we will expect him/her to go outdoors with his/her class and participate in all activities.
- Often students will ask to come to school even though they are ill. Although your student may be disappointed, please keep him/her home if he/she is sick.
- If your student becomes ill while at school and you are called, please cooperate by picking your student up promptly.

No Medications Will Be Administered At School Without A Prescription

Children's House Green Newsletter

Ms.Mckitrick **OCTOBER 2026**

October Curriculum Overview:

This month we are continuing to explore the ocean as well as the fall season and all that it brings in the world around us. Your children will continue to choose work in all areas of the room based upon interest and be given carefully curated lessons.

Reminders

We are continuing to work hard daily to build independence, concentration, focus, coordination, and more. Please assist your child in fostering the independence they seek!

Upcoming Events

- Oct. 7 Field trip:

  The pumpkin patch
- Oct. 12 Field trip: Fire station
- Oct. 30 Staff Development

  Day: No School

Picture Time

Children's House Green
October 2026

Focus happens here!

Class Wish List

1. Beads
2. Beans
3. Buttons
3. Tissue Paper (Gently Used is Fine)
4. Small Objects

Big Thanks

Thanks for being part of our journey!
A special thank you to Liliana and Arabella's families for their generous donations to our classroom!

Classroom Highlights

Ellery
Working on the apple tree life cycle.

Nole
Working with the hanging bead stair 11–19.

Liliana
Working with the one hundred board.

What's coming up?

Nature Walk
Explore the outdoors, collect colorful leaves, and observe signs of the changing season.

Fall Art Workshop
We will be diving into the world of art focusing on crabs, pumpkins, and all things fall!

All School Book Fair
A wonderful book fair will be held in the front office. Books will be available for purchase before and after school.

Science Discovery
Engage in hands-on experiments and classroom investigations to explore seasonal changes and pumpkin dissection!

Building Concentration

Everleigh works with the 1–10 apple tree counters. This is a wonderful way to continue repetition towards mastery of math concepts in a seasonal and engaging way!

Teacher Note

Thank you for your continued support and partnership. Together, we help our students learn, grow, and shine every day!

Important Dates

Oct 7 — **Trip to Schilter Family Farm**

Oct 12 — **Trip to the Fire Station**

Oct 30 — **Staff Development**
No School

October Birthdays

None This Month

I SEE RED DAY

LARGE WORK

FOCUS HAPPENS HERE

OUTSIDE FUN

APPLESAUCE MAKING

October

Capital Montessori School

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Green

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Classical Music Month Self Awareness Month sound - d				1 Special Project Introduction To The Harbor	2 Special Project Study of The Seasons	3
4 sound - e	5 Turn In "Spider Web" Project	6 Special Project Introduction To The Field Trip Fire Drill	7 Trip - Schilter's Family Farm Pumpkin Picking	8 Special Project Crab Art	9 Special Project The Parts of The Pumpkin	10
11 Fire Prevention Week 12-16 sound - f	12 Trip - Fire Station (Downtown)	13 Special Project Pumpkin Art	14 I See Orange Day Fire Prevention Day	15 The Great Washington Shake Out Earthquake Drill	16 All School Book Fair	17
18 sound - g	19 Special Project Nature Walk	20 In House Showing of "Safe Side Superchick"	21 I am Special Day	22 Special Project Fall Art Project	23 Special Project Leaf Imprints	24
25 sound - h	26 Turn In "The ABC's of Me" Project	27 Special Project Pumpkin Dissection	28 A Tractor Trailer Ride In The Grass Field	29 Special Project Tractor Art	30 Staff Development Day School Closed	31

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