Capital Montessori School

Lower and Upper Elementary
Mrs. White, Mrs. Noble and Mrs. Clark

CMS Monthly News

October 2026

October is here! We are so excited for the fun of the fall season. There are many exciting activities planned throughout the month for everyone. Please keep a close eye on your student's calendar so you won't miss out. I also strongly recommend that you reference this newsletter many times throughout the month. Many of your questions will be answered through careful reading. If you need anything at all, please don't hesitate to ask at the school office.

Happy fall!

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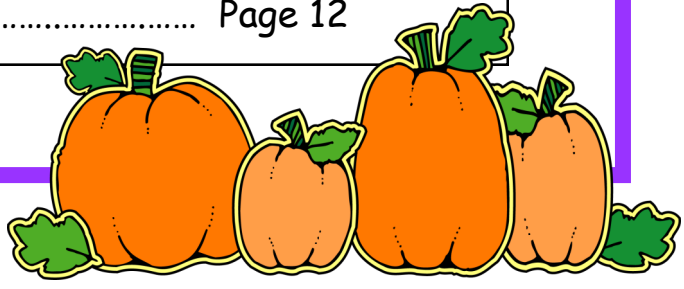


Special Reminders

Please remember to say your goodbyes in the school entry and allow the students to go to class independently. Thanks so much to everyone for your assistance as we help our students grow.

With the cold and flu season upon us, please review current sick policies about when to keep your student home due to illness. Also, keep watch in your Parent Information Folder as we will update you on the latest illnesses or outbreaks.

Please remember to drive slowly and carefully in the school parking lot. We want to keep everyone as safe as possible.

Just a reminder, all of our little people must wear shorts or pants under their skirts and dresses.

Also, all students need to wear socks while at school. If students choose to wear sandals to and from school, please be sure to keep an extra pair of socks in your child's clothing box.

Schilter Family Farm
Children's House Students

Wednesday, October 7th
Time: 9:15 am - 12:00 n

This trip is a school favorite!
We will take a big yellow school bus to the farm and each child will have the opportunity to choose a pumpkin to bring home.
As a part of this trip we will also explore the petting zoo, the hay maze, and take a wagon ride.
Please have your student wear weather appropriate clothing and be sure their rubber boots are at school.
We will be eating lunch after we return to school. If your child has animal allergies or issues with hay, please check in with the school office as soon as possible.

Sorry, adult guests will not be allowed on this trip.

Thank You!!!

Winter is on the way! Your student needs to have a warm jacket with a hood at school each day. Remember, children will play outside even if it is cold or sprinkling.

Staff Professional Day
Friday, October 30th

School Closed

October

Spider Web Project
Monday, October 5th

CH: I See Orange Day
Wednesday, October 14th

I Am Special Day
Wednesday, October 21st

Parent Projects
The ABC's of Me
Monday, October 26th

A Special Thanks!

A big special thank you to all the families that came to our All School Picnic!

Thanks to all who joined us at the Beginning of the Term Conferences!

Thank you for turning in such great "All About Me" bags, banners and the Student Timelines!

Thank you!

Halloween Reminders

Although Halloween is a holiday that is much anticipated by the children, there are also many families who choose not to celebrate it for religious or personal reasons.

What we find at school is that the students get plenty of opportunities to enjoy Halloween at home with their families.

With all of the other excitement and sugar, we have chosen not to do anything Halloween related during school time.

With this in mind, please remember that while at school...

No Halloween Costumes
No Classroom Parties
No Candy or Sugary Treats

Thanks!

CMS All School Family Harvest Feast

Date: Wednesday, November 25th
Time: 12:00n-1:00p
Location: Lacey Community Center

MARK YOU CALENDAR!!!

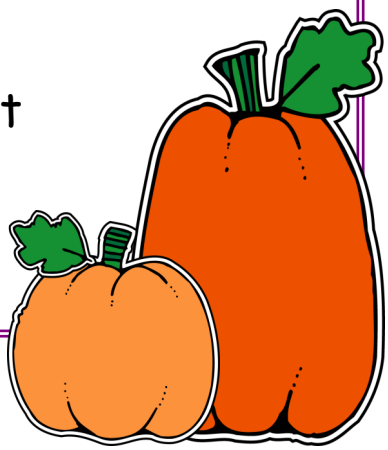
Look Ahead...
Plan Ahead...

CMS All School Harvest Feast: November 25th (Half Day of School)

Harvest Break: November 26th - 27th

Winter Term Break: December 21st - January 1st

Spring Break: April 5th – April 9th



Spider Webs Family Project

Dear CMS Parents and Families,

During the month of October we will be studying spiders and how they make webs. This is a fun family project to help your student learn about the hard work spiders do.

Please follow the directions below:

1.Cut out the center of a large margarine lid so only the ring remains.

2.Tie one end of the yarn to the ring. Tape or glue the yarn to the edge of the lid.

3.Loop the yarn tightly and evenly around the ring, as shown in the diagram below, until you return to the first loop.

4.Loop the yarn strand under and through the first set of loops to create a second row.

As you pull the string tightly, yarn "triangles" will begin to form.

5.Continue adding rows of loops moving towards the center of the ring.

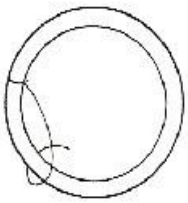
6.When you reach the center of the web, knot the yarn, cut it off and glue or tape it in place.

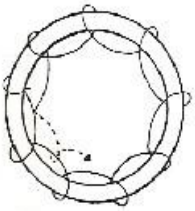
7.Glue a plastic spider to the center knot if you wish.

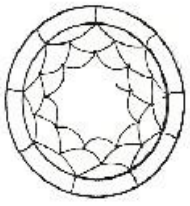
8.You can make as many spider webs as you would like.

9.Please send your completed web(s) to school with your student on:

Monday, October 5, 2026







I AM SPECIAL DAY

Dear CMS Parents and Families,
On Wednesday, October 21, 2026 your student will be celebrating -
"I AM SPECIAL DAY" - at the Capital Montessori School

As we make new friends throughout this school year, we feel it is important that each student know just how special they really are. Each and every student in our school is unique, a one of a kind. We want the students to know just how many people think they are special and what it is specifically that makes them so special.

THERE ARE MANY UNIQUE THINGS ABOUT EACH STUDENT.
THEY ARE VERY SPECIAL INDEED.
ALL CHILDREN ARE SPECIAL AND ONE-OF-A-KIND.
THAT'S WHAT MAKES THEM DIFFERENT,
THEY ALL STAND OUT AND SHINE!

As part of this very exciting day we are asking you to help us in the following ways:

1. Take time to discuss with your student why he or she is special. Make a list of as many reasons as you can as to why your student is special. Place the list in the "I AM SPECIAL SACK" which will come in your student's file at the office.
2. Call friends and relatives to get their input.
3. Find one or two very special items around your home that help your student understand why he or she is so special. Place the items in the attached "I AM SPECIAL SACK".

   Your student will have the opportunity to share their items with his/her class during circle time that same day.

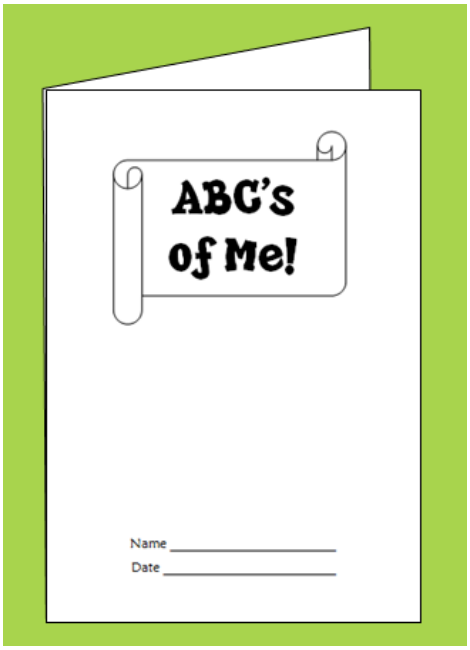
4. Be Creative!

Enjoy the I Am Special Sack and please return it to school by:

Wednesday, October 21, 2026

ABC's Of Me

Family Project



Each family will receive this fun booklet in their student's Parent Information Folder. Take it home and go over it with your student. Here are the steps:

- Decorate the cover with pictures of your child's favorite things.
- Have your child fill in the sentence prompts on each page. Students who are able to should write their own words, but others may need some help from Mom and Dad.
- Each page has an empty frame. Have your child draw/illustrate something that goes with the sentences on that page.
- Bring your student's finished book to share in class no later than **Monday, October 26th.**

The students will share these books at a circle time in class and then the books will be stored in the classroom so we can read about each other throughout the year. You will receive them back at Graduation in June.

Don't forget to keep it fun!

CMS Sick Policy–Parent Handbook

Children who come to school not feeling well become more vulnerable to infection. Also, being in a school setting, germs have the potential to spread quickly because of increased and frequent contact with other children. In an effort to establish a healthier environment for all the children it is requested that all sick children are cared for at home.

If you child has had any symptoms of illness during the night, such as nausea, vomiting, diarrhea, or fever, please keep him/her home until their temperature has returned to normal for 24 hours and the symptoms have gone.

When a student is absent from school, it will be the parent or guardian's responsibility to telephone the school office no later than 9:00am each day of the student's absence. It is particularly important that you inform the school office if your child has contracted any communicable diseases as we are required to notify other families in the school when their children may have been exposed.

If your child should become ill at school, he/she will be isolated and you or an authorized person listed on the emergency form will be notified immediately in order to pick up your child. We will not call you unless you are really needed.

- After a fever, the student must have a normal temperature of (98.6) for 24 hours before he/she may return to school without the aid of medication.
- If a student is well enough to come to school, we will expect him/her to go outdoors with his/her class and participate in all activities.
- Often students will ask to come to school even though they are ill. Although your student may be disappointed, please keep him/her home if he/she is sick.
- If your student becomes ill while at school and you are called, please cooperate by picking your student up promptly.

No Medications Will Be Administered At School Without A Prescription

Mrs. White Mrs. Noble and Mrs. Clark Elementary Classroom News

OCTOBER

2026

THANK YOU!!!

To all who are a very important part of our daily class time making our days a "Huge Success"
You Rock!

To all of our wonderful parents who have been such a great support to our class.
You're the best!!!

Please Bring the following Items to School...

Car Booster Seat/To Stay At School
Slipper/House Shoes
Lunch Box with Cold Pack
Morning Snack/In Lunch Box
Change of Clothes
Lightweight Jacket
Playground Boots
Student Emergency Kit
Family Photo

Thanks!!!

This Month's Field Trips and Special Events

Class Trip/Rutledge Corn Maze
Thursday, October 8th

Class Trip/Lacey Library
Tuesday, October 13th/27th

All School I See Orange Day
Wednesday, October 14st

The Great Washington Shake Out
Statewide Earthquake Drill
Thursday, October 15th

All School Book Fair
Friday, October 16th

Projects Due: I Am Special Day
Wednesday, October 21st

In-House Movie
Stranger Danger
"Safeside Superchick"
Thursday, October 22nd

Projects Due: The ABC's of Me
Monday, October 26th

In-Class Special Cooking
Pumpkin Yummies!!!
Friday, October 23rd

Special Event: Tractor Trailor Ride
Wednesday, October 28th

Class Trip/Nisqually Wildlife Refuge
Thursday, October 8th

Staff Development Day
School Closed
Friday, October 30th

Classroom Birthdays

No October Birthdays

What Every Child Needs...

Appreciation, just for who they are.
Balance, not too little, not too much.
Commitment, be there for them.
Dreams, to touch the future.
Empathy, to be heard and cared for.
Family and friends, we all need love.
Guidance, to help them find their way.
Healthy Habits to live their best life.
Inspiration, to be all they can be.
Joyful childhood memories.
Kindness, little things mean a lot.
Limits, make agreements together.
Mentors, to give wings to their dreams.
Nature, to delight in rainbows and butterflies.
Opportunities, to make their hearts sing.
Play, the 'work' of childhood.
Quiet Time, to recharge their batteries.
Respect, to be seen and heard.
Security, to help them feel safe.
Teachers, to lead by example.
Unconditional love, to thrive.
Values- they learn what they live.
Words of hope and support
Xoxoxo's, every chance you get.
You, your presence more than presents.
Zzzzzz's, a good night's sleep.

Social Studies Classes

The following are some of the upcoming topics we will be covering in the month of October:

1. Communities Around the World
   * Exploring a Community
   * Different Communities
   * Government and the People
2. Habitats and Homes
   * My Environment
   * Amazing Me
   * Tools of My Environment
3. Weather
   * Reading the skies
   * Measuring and Charting
   * Seasons Research
4. Community
   * Jobs in the Community
   * Rules and laws
   * Caring for Our Community

Character Building Classes

Our Character Building Classes this month will include the topic of citizenship.

The class will be enriched with games, activities and role playing to help your student improve his/her useful character traits.

These are traits the students will use for a lifetime.

We will explore the different responsibilities of a citizen and how we can make the world, our state, our town, our school, our class, our neighborhood, and our homes better places to live and work.

Please encourage your student to bring in ideas and suggestions about this topic.

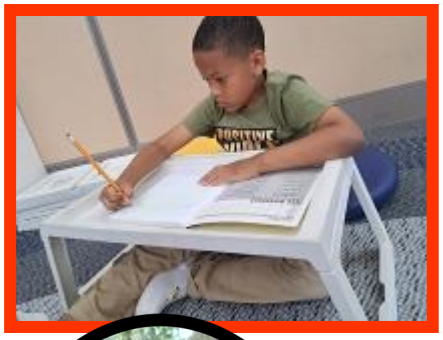
Information, ideas, and suggestions on how to practice this important skill at home will be found in your parent file from time to time...

Thanks so much for your support and assistance in this exciting learning opportunity.

" One test of the correctness of the educational procedure is the happiness of the child"
- Dr. Maria Montessori

"...Does nature make a difference between work and play or occupation and rest? Watch the unending activity of the flowing stream or the growing tree. See the breakers of the ocean, the unceasing movement of the earth, the planets, the sun and the stars. All creation is life, movement, work." - Dr. Maria Montessori

September Memories



Capital Montessori School

Upper Elementary: Mrs. White/Mrs. Clark

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Classical Music Month Self Awareness Month			1	2	3
4	5 Turn In "Spider Web" Project	6 Fire Drill	7	8 Class Trip Rutledge Corn Maze	9	10
11 Fire Prevention Week 12-16	12	13 Special Trip Timberland Library	14 I See Orange Day Fire Prevention Day	15 The Great Washington Shake Out Earthquake Drill	16 All School Book Fair	17
18	19	20	21 I am Special Day	22 In House Showing of "Safe Side Superchick"	23 Special Cooking Pumpkin Yummies	24
25	26 Turn In "The ABC's of Me" Project	27 Special Trip Lacey Timberland Library	28 A Tractor Trailer Ride In The Grass Field	29 Class Trip Nisqually Wildlife Refuge	30 Staff Development Day School Closed	31

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