

CMS Monthly News

SEPTEMBER 2026



To some we say welcome! To others, it is welcome back! Either way, we are so excited to share this new school year with you and your family.

There is so much coming up over the next few months and we will do our best to keep you informed of all the fun! Please take a few moments to review your newsletter each month.

And don't forget to post your calendars and review them often!

The children love to see what is coming up.

Please let the office know if there is anything you may need or if you have any questions.
Enjoy the fall season!

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New Student Parent Conferences

Friday, September 25th

School Closed

All parents of **new students** are asked to participate in this parent/teacher conference opportunity.

STUDENTS ARE NOT TO ATTEND

Sign-ups will be available on-line starting Monday, September 14th. These 20 minute conferences will be located in the classrooms with your student's head teacher.

This is a time designed to share student progress, set goals for the term, and allow for questions and answers.

An informational e-mail providing sign-up details will be coming soon.

Thanks so Much!!!



All School Pictures

Tuesday, September 29th (CH/Green)
Wednesday, September 30th (CH/Blue)
Tuesday, September 29th (Elementary)

All students will be participating in their class and individual photo session for the year. No student is required to purchase pictures. All pictures will be taken by "Studio K" here at school.

Please dress your student in their "picture" clothes when they come to school. (Hint: White clothes make you look washed out!) Parents are encouraged to send a change of clothes for after the pictures are taken. Order forms for pictures will be sent home over the next few weeks.

Order Forms Due:
Friday, October 2nd

Student Personal Items

Please help the teachers and staff by keeping your student's personal items you send to school to a minimum. Storage is limited and a special request for additional items will be sent home if something comes up. Thanks so much for your assistance and please ask if you have any questions.

School Drop-Off and Pick-Up Procedure

The beginning and end of the day can be a little chaotic and confusing for some, so we like to keep things as consistent as possible. We appreciate your patience.

At drop-off, please enter the school and sign your student in. Clock your student in on the computer provided in the entryway. A personal code will be issued to those on your pick-up list. Please make goodbye brief and in the entryway. Students should go to their classrooms independently.

At pick-up, please enter the school and clock your student out on the computer provided. Students will be called and meet you in the entry to go home.

State regulations require a signature of the person dropping off and picking up as well.

A staff member will be available at the school office to assist both at drop-off and pick-up. If you have a need to go beyond the entryway, please wait for a staff member to assist you.

Please contact Mrs. Ehlers if you have any questions.



Automatic Monthly Billing

The school offers automatic monthly billing for tuition and/or care charges to be automatically deducted from the bank account of your choice. Many of our families already enjoy this convenient service. If you have not yet taken advantage of Automatic Billing and would like to, please ask at the office for paperwork. If you have any further questions, please check with Mrs. White.

This service is optional and those signing up in September will begin auto drafts in October!

Let's Go Paperless!

This year our families have two ways to cut down on the clutter entering their homes! This newsletter is available electronically through the CMS website and families may elect to receive an email notification when the newsletter becomes available. Also families have the option to receive e-statements instead of paper ones. Watch for a survey form to be sent home and sign up for these great services.

Sunscreen Regulations

Because of the Department of Children, Youth and Family Services regulations, we are required to have paperwork and documentation of sunscreen and its application the same as for any medication.

If you want your child to have sunscreen applied at school, you will need to bring in the sunscreen and a signed medication release form to the school office.



Please note that sunscreen will only be applied after 11 am and in the afternoons, so you will need to sunscreen your child before they arrive at school in the morning. Thanks for your help and support.

Items Your Student Will Need at School

- . Pants - 2
- . T-Shirts - 2
- . Socks - 2
- . Underwear - 4

- . Sweat Shirt or Light Jacket (to keep at school)
- . Hard Sole Slippers/House Shoes
- . Rubber Rain Boots

- . Family Photo
- . Emergency Kit

- . Water Bottle (bring daily)
- . Lunch [with cold Pack] (bring daily)

- . Elementary Only:
Daily Snack-In Lunch Box

A Few CMS Reminders

Over the next few months
The Capital Montessori School
will be involved in the following:

Sharing Sound Bags

Children's House Students will be provided their own personal "Sound Bag" for sharing in class every Friday. Each week's sound can be found on your monthly class calendar.

Student Friday Packs

Your student's work will be sent home each Friday in their own "Friday Pack" at pick up in your parent information folder. Please return the pack to be filled again over the next week.

Student Personal Items

Please do not send anything that has not been requested by the school - Thanks!

All School Field Trips

Off-site trips will happen monthly. You will be notified about each trip in advance and a parent signature will be required for children to participate.

Classroom Observations

All Classrooms are closed to observations in the month of September.

No Gum, Soda, Candy, or Toys

Please do not send any of the items from home mentioned above - Thanks!



Labor Day

Monday,
September 7th

School Closed



CMS School T-Shirts

We will be ordering CMS School T-Shirts this month. We only order shirts once a year, so don't miss this special opportunity to get one for your student. Watch for an order form to go home soon.

All School Family Picnic

Friday, September 18th

6:00 pm - 8:00 pm

Tumwater Historical Park

At the beginning of each school year we celebrate by having a family picnic. All our families are invited to come play at the park, eat a delicious potluck meal, and get to know other families.

School Closes at 4:30 pm

This allows everyone time to prepare. Please be sure your student is picked up prior to closing time.

If the picnic needs to be canceled due to weather, a staff member will be present at the park between 6:00 pm and 6:15 pm to notify families.

Items to bring:

For Your Family:

Beverages
Food to Share

Optional:

Lawn Chairs
Blankets
Lawn Games

This is a Potluck



We Love Our Families

Please bring a framed family Photo to display in the classroom...

Thanks
So Much!!!



September Student Birthdays

16 Oliver R.

27 Isa

28 Aurora



**"ONE TEST
OF THE EDUCATIONAL
PROCEDURE IS
THE HAPPINESS OF THE CHILD."**

- MARIA MONTESSORI

Introduction to Capital Montessori Staff

Dear CMS Families,

It is my pleasure to introduce you to the amazing team we have working with your students this year! Many of the names you will recognize from last year, and though their specific work assignments may be slightly different, all are ready to go with fun and exciting activities to challenge your student and help them grow this year.

All of our staff members are anxious to see all the smiling faces and are looking forward to an exciting year filled with endless possibilities.

Below I have listed the current classrooms and school staff members. If you have any questions, please feel free to contact me at any time. We are excited for this new school year and all that it entails.

Sincerely,
Merissa White
CMS Director

Children's House - Green

Mrs. McKitrick - Lead Teacher
Ms. Schwedler - Assistant Teacher

Children's House - Blue

Mrs. Reed - Lead Teacher
Mr. Reed - Assistant Teacher
Mrs. Childers - Assistant Teacher

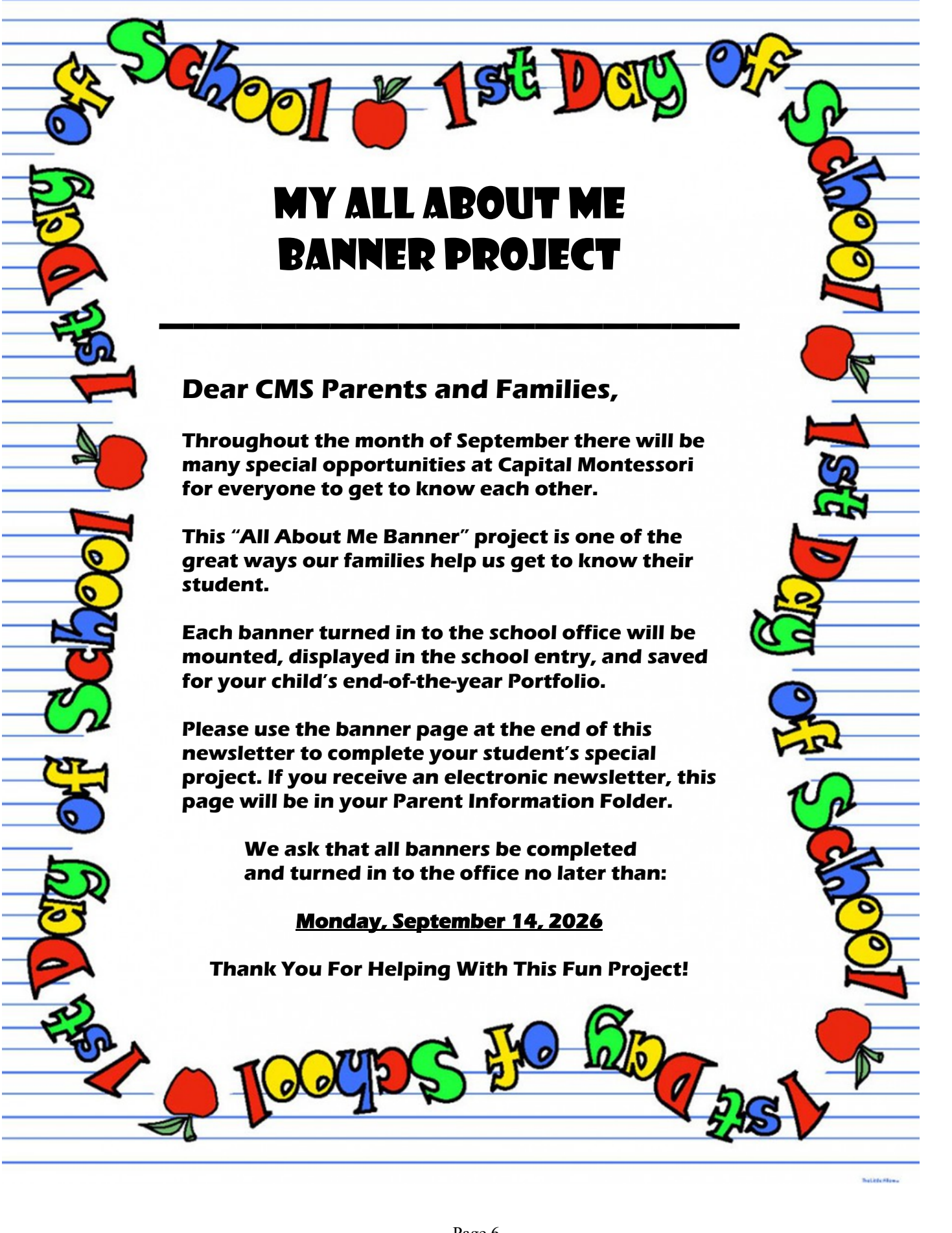
Elementary

Mrs. White - Lead Teacher
Mrs. Noble - Lead Teacher
Mrs. Clark - Lead Teacher

Administrative

Mrs. Noble - Owner/Administrator
Mrs. White - Director
Mrs. Ehlers - Assistant Director/
Office Manager





MY ALL ABOUT ME BANNER PROJECT

Dear CMS Parents and Families,

Throughout the month of September there will be many special opportunities at Capital Montessori for everyone to get to know each other.

This “All About Me Banner” project is one of the great ways our families help us get to know their student.

Each banner turned in to the school office will be mounted, displayed in the school entry, and saved for your child’s end-of-the-year Portfolio.

Please use the banner page at the end of this newsletter to complete your student’s special project. If you receive an electronic newsletter, this page will be in your Parent Information Folder.

We ask that all banners be completed and turned in to the office no later than:

Monday, September 14, 2026

Thank You For Helping With This Fun Project!

My Personal Timeline Project

Dear CMS Parents and Families,

- At the Capital Montessori school we include history and the concept of time as a part of our curriculum. As a way to introduce these concepts in a meaningful and personal way, we have the children create a personal timeline. But we need your help! Please send in a picture of your student for each year of their life. The pictures need to be approximately 3" x 3" and should be of the student only. No siblings or family members in the pictures please! Because the pictures will be trimmed and glued to the timeline, we recommend that you not send original pictures. The timelines will be given to your student in their end-of-the-year packets in June.
- You have the option of dropping off your pictures at school or e-mailing them to Mrs. Ehlers' e-mail address: christina@capitalmontessorischool.com
- Students who have participated in the project in the past have the option to send in last year's timeline and just include this year's picture.
- We ask that all pictures/timelines be turned in to the office in the attached sack no later than:

Monday, September 28, 2026

Thank You For Helping With This Fun And Educational Project



Mrs. White, Mrs Noble
and Mrs. Clark's
Classroom News

September

2026



Welcome back to another great CMS School Year filled with lots of wonderful opportunities!

We hope your summer break had lots of learning fun and exciting events; however it will be nice once again to see old friends and make some new ones.

This year our academic learning will cover a wide variety of topics. Math and Language Arts will be fun-filled adventures. Our focus for Science will be Physics, and our Geography focus will encompass the World. There will be cooking projects, science experiments, arts and crafts, and many out-of-class adventures each month. We will have spelling tests, vocabulary enrichment and lots and lots of ever changing learning opportunities.

Thank you so much for sharing your student with us...

We are ready and excited for an amazing school year!

Sincerely,
Mrs. White
Mrs. Noble
Mrs. Clark



This Month's Special Events

First Day/Fall Term 2026-2027

Tuesday, September 1st

Labor Day/School Closed

Monday, September 7th

I See Red Day

Wear your favorite red items

Photos will be taken

Wednesday, September 9th

All About Me Bags and Banners

Projects Due

Monday, September 14th

Apple Day

Please Bring Your Favorite Apple

Wednesday, September 16th

All School Family Picnic

Tumwater Historical Park

Friday, September 18th

First Day of Autumn

Tuesday, September 22nd

Beginning of the Year Conferences

School Closed

Friday, September 25th

Student Timeline

Projects Due

Monday, September 28th

Elementary School Pictures

Tuesday, September 29th



Classroom Birthdays

Oliver R. 16

Elementary Class Daily Schedule:

7:00 am - 8:00 am

Before School "Care Time"

8:00 am - 9:00 am

Outside/Inside Care Time

9:00 am - 9:30 am

Morning Transition

Morning Meetings with Classroom Groups

Students who wish to bring a Morning Snack from home can have it between 10:00 am and 10:30 am

9:30 am - 12:00 n

Morning Class Time.

All Academic Subjects will be covered

12:00n - 12:30 pm

Lunch Time

12:30pm - 12:45 pm

Classroom Daily Chores

12:45 pm - 1:15 pm

Outside/Recess

1:30 pm - 3:00 pm

Afternoon Class Time

All Academic Subjects will be covered

3:00 pm - 5:30 pm

After School "Care Time"

Students who want a snack from their leftover lunch will have an opportunity at 4:00 pm.

After School Care Time will be in the Classroom.



Please Bring the following Items to School...

Slipper/House Shoes
Lunch Box with Cold Pack
Morning Snack/In Lunch Box
Change of Clothes
Lightweight Jacket
Playground Boots
Student Emergency Kit
Family Photo

Thanks!!!



Social Studies Classes

One of our amazing enrichment classes will include a year long study into various aspects or branches of human society.

Social Studies is the integrated study of multiple fields of social science and the humanities, including history, geography, cultures, and the nature of people.

The following are some of the upcoming topics we will cover:

- Communities Around the World
- Citizenship
- Plants and Animals
- Habitats and Homes
- Weather
- Our Local Community

Character Building Classes

In addition to the high level of academic curriculum your student will be involved in, he/she will participate in learning many very important life lessons.

Our Character Building Classes will use games and activities to help your student improve certain, good and useful traits of their character.

Some of the character traits we will be exploring this school year are listed below:

- Self-Reliance
- Endurance
- Courage
- Kindness
- Citizenship
- Respect
- Generosity
- Honesty
- and much, much more...



In Our Classroom:

We do friendships.

We do sharing & caring.

We do I'm sorrys.

We do praise.

**We do celebrations,
creations and memories.**

We do dreams.

We do laughter.

We do our best.

We do respect.

We do peace and love.

**We do growing
and working together.**

We do listening and learning.

We do mistakes.

We do imagination.

We do questions

We Love Our Families:

Please bring a framed family photo to display in the classroom...

Thanks So Much!!!





Summer Fun





September



Capital Montessori School

2026

Upper Elementary - Mrs. White

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Student Assessment Weeks Sept. 1st - 25th	1 First Day/Fall Term Academics Begin	2	3	4	5
6	7 Labor Day School Closed	8 Fire Drill	9 I See Red Day	10	11 Patriot's Day	12
13	14 Turn In "All About Me" Bags and Banners	15	16 Apple Day Bring an Apple	17 Special Trip The Apple Orchard	18 All School Picnic Turnwater Historical Park 6:00 pm - 8:00 pm School Closes 4:30 pm	19
20	21	22 Special Trip Lacey Timberland Library First Day of Autumn Earthquake Drill	23	24 Special Trip Washington State Fair	25 New Student Parent Conferences School Closed	26
27	28 Turn In Student Timeline Pictures	29 Individual and Group School Photos	30 Special Cooking Apple Themed Cooking Projects	National Library Card Month Children's Good Manner Month Classical Music Month Self Awareness Month		